



COMPANY024

Summer News



We have loved dancing with you this summer and are so excited for this season! Included in the links with this newsletter is an updated Season 19 calendar, as well as the workshop schedule.

Please be sure to update your calendars!

PLACEMENTS

Final COMPANY024 Placements will be announced at 3pm on Friday, August 14th.

Registration fees have pulled and August tuition will pull on August 17th. Dancers will begin regular fall classes with their team Monday, August 17th.

COMPANY024 LEOTARDS

Company leotards will be delivered before Workshop. In our September newsletter, we will share pickup instructions so families can pick up their dancer's leotard during one of their scheduled choreography sessions. Since the leotards will not arrive before the first week of classes, dancers may wear any color or style leotard to their first couple of ballet classes.



MISCELLANEOUS

- We will be holding a Meet & Greet for staff and students on Saturday, August 15th, from 2-4pm. This is a wonderful opportunity for MDC families to meet our staff and see our studio!
- We have a little surprise up our sleeves for our COMPANY024 Kick-Off Party! Please take a moment to click the link below and fill out the Google Form with your dancer's current T-shirt size by August 1st so that we can make sure we have the correct size for everyone. We can't wait to celebrate the start of an amazing season with all of you!
- The Advanced Tap Choreography for Diamond, Emerald and Topaz companies originally scheduled for October 2-4 has been moved. It will now take place during All-In in October. Please update your calendars- we look forward to seeing your dancer's there!

CALENDAR

- August 14- Final placements posted by 3pm
- August 15- MDC Meet & Greet
- August 17- Fall classes begin, Tuition due & MDC All-In conflicts due
- August 21- Company Kick-Off Party
- August 22-23- Tap Line Choreography
- August 24- Workshop balance due
- September 7- Closed for Labor Day
- September 11-20- Choreography Workshop (no regular classes)
- September 21-24- Open Curtain Part 1
- September 28-October 1- Open Curtain Part 2

TAP LINE CHOREOGRAPHY

We are so excited for this year's tap line! Below is the choreography weekend schedule:

Saturday, 8/22
9:00am-12:30pm

Sunday 8/23
9:00am-12:30pm

Dancers are to wear all black. As a reminder, the choreography fee of \$50 per student will pull on August 17th. Additional rehearsal fees of \$15 per month will pull on the 1st of each month with tuition.

STRENGTH & CONDITIONING

Equipment

Our required Strength & Conditioning equipment list has been updated for the upcoming season. Please review the updated list below to ensure your dancer has all required items before training begins. Thank you for your support in helping our dancers come prepared and ready to succeed!

If your dancer is on a team that has a Strength & Conditioning class on their schedule, they will need the following:

- Ankle weights
 - 1 pound (ages 12 and under)
 - 2 pound (ages 13+)
- Wrist weights- 1lb each (or previous ankle weights used last season)
- 9" yoga ball
- Stretch band
- Resistance band
- Extra long looped band (10 or 12 loops)
- Gliders

<https://a.co/01dcKBwm>

<https://eltorotraining.com>

<https://farfallastretchmethod.com/equipment/ols/products/farfalla-box>

FINAL EVENT SCHEDULE

- November 13-15 - Tremaine Dance Convention Houston (Mandatory for Diamond, Emerald & Topaz. Optional for dancers on other teams.)
- January 11-14- Streetz Dance Convention (Mandatory for everyone except Mini.)
- February 5-7- Masquerade (Mandatory for everyone, including Mini.)
- March 19-21- Rainbow (Mandatory for everyone, including Mini.)
- April 2-4- Ultra (Mandatory for everyone, excluding Mini.)
- April 16-18- KAR (Mandatory for everyone, including Mini.)
- May 22- Recital (Mandatory for everyone, including Mini.)



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